



Recommended Books

Intersectionality/Black Feminism

**Hood Feminism: Notes From the Women
That the Movement Forgot**
Mikki Kendall

**Black on Both Sides: A Racial History of
Trans Identity**
C. Riley Snorton

**Unapologetic: A Black, Queer, and
Feminist Mandate for Radical
Movements**
Charlene Carruthers

Thick: And Other Essays
Tressie McMillan Cottom

**Beyond Respectability: The Intellectual
Thought of Race Women (Women,
Gender, and Sexuality in American
History**
Brittany C. Cooper

Eloquent Rage
Brittany Cooper

**This Will Be My Undoing: Living at the
Intersection of Black, Female, and
Feminist in (White) America**
Morgan Jerkins

Racial Trauma

**Black Fatigue: How Racism Erodes the
Mind, Body, and Spirit**
Mary-Frances Winters

Killing The Black Body
Dorothy Roberts

**Post Traumatic Slave Syndrome:
America's Legacy of Enduring Injury and
Healing**
Joy Degruy

Heavy
Kiese Laymon

**White Tears/Brown Scars: How White
Feminism Betrays Women of Color**
Ruby Hamad

**Too Heavy a Yoke: Black Women and the
Burden of Strength**
Chanequa Walker-Barnes

**Black Pain: It Just Looks Like We're Not
Hurting**
Terrie M. William

Between the World and Me
Ta-Nehisi Coates

**Spare the Kids: Why Whopping Children
Won't Save Black America**
Stacey Patton

Racial Healing

**Do Better: Spiritual Activism for
Fighting and Healing from White
Supremacy**
Rachel Rickett

I'm Still Here
Austin Channing Brown

**The Unapologetic Guide To Black Mental
Health**
Rheeda Walker

**My Grandmother's Hands: Racialized
Trauma and the Pathway to Mending
Our Hearts and Bodies**

Resmaa Menakem

**Healing Racial Trauma: The Road to
Resilience**

Sheila Wise Rowe, Soong-Chan Rah

**The Inner Work of Racial Justice:
Healing Ourselves and Transforming Our
Communities Through Mindfulness**

Rhonda V. Magee, Jon Kabat-Zin

**Radical Dharma: Talking Race, Love, and
Liberation**

**Rev. angel Kyodo Williams, Lama Rod
Owens**

**Everyday Ubuntu: Living Better
Together, the African Way**

Mungi Ngomane

**Love and Rage: The Path of Liberation
through Anger**

Lama Rod Owens

**Healing Justice: Holistic Self-Care for
Change Makers**

Loretta Pyles

**Restorative Yoga for Ethnic and
Race-Based Stress and Trauma**

Gail Parker
